Ethnomedical Information on Mutamba (Guazuma ulmifolia)

Plant Part / Location	Documented Ethnic Use	Type Extract / Route	Used For	Ref #
Bark Belize	Used for skin sores, infections and rashes. Used for dysentery and diarrhea, prostate problems and as a uterine stimulant to aid childbirth.	Decoction / External Decoction / Oral	Human Adult Human Adult	ZZ1019 ZZ1019
Bark Brazil	Used as a diaphoretic for fevers. Used for coughs, bronchitis, ulcers, asthma, pneumonia and liver problems.	Decoction / Oral	Human Adult	ZZ2005
Bark Brazil	Used to treat baldness and head parasites. Used to treat elephantiasis and skin diseases Used as a depurative, antisyphilitic, pectoral, and antiblennorrhagic.	Decoction / External Decoction / External Decoction / Oral	Human Adult Human Adult Human Adult	ZZ1099
Bark Dominican Republic	Used as a diaphoretic and to treat dysentery, fertility (veterinary), and lung problems.	Decoction / Oral	Human / Animal Oral	ZZ1022
Bark Colombia	Used to stimulate uterine contractions.	Decoction / Oral	Human (pregnant)	A00709 T15375
Bark Cuba	Used for an astringent, diuretic, and emollient; to treat bruises, burns, flu, grippe, hemorrhoids, wounds	Decoction / Oral & External	Human Adult	AG1022
Bark Guianas	Used as a wash to facilitate childbirth. Used to treat ulcerous sores.	Decoction / External Poultice / External	Human Adult	ZZ1104
Bark Guatemala	Used for gonorrhea. Used for stomach inflammation and stomachaches.	Infusion / Oral Decoction / Oral	Human Adult Human Adult	K27236 K28434
Bark Haiti	Used for flu and diarrhea. Used for fractures.	Decoction / Oral Bark / External	Human Adult Human Adult	T13846
Bark Jamaica	Used for leprosy. Used for elephantiasis. Used to treat diarrhea. Used for malaria.	Decoction / Oral Decoction / Oral Infusion / Oral Decoction / Oral	Human Adult Human Adult Human Adult Human Adult	T00701 W01270 K27077 M00695
Bark Jamaica	Scraped young bark pounded with rum used as a poultice for cuts, scratches, and sore.	Plaster / External	Human Adult	ZZ1020

Plant Part / Location	Documented Ethnic Use	Type Extract / Route	Used For	Ref #
Bark Jamaica	Used for skin diseases, elephantiasis, bronchitis, urinary complaints, kidney disorders, sore throat, constipation, indigestion, coughs, colds, and leprosy.	Decoction / Oral Decoction / External	Human Adult	ZZ1020
Bark Panama	Used to treat hypertension.	Infusion / Oral	Human Adult	L12353
Bark Peru	Used for leprosy, alopecia, and dermatosis. Used for liver disease, kidney disease and dysentery.	Decoction / External Decoction / Oral	Human Adult Human Adult	L04137 T15323
Bark Peru	Used for asthma, bronchitis, diarrhea, dysentery, elephantiasis, fever, hepatitis, malaria, nephritis, pulmonosis, and syphilis.	Decoction / Oral	Human Adult	ZZ1041 L04137
Bark Peru	Considered antidysenteric, antisyphlitic, depurative, and emollient; used for alopecia, respiratory disorders and bronchitis.	Infusion / Oral	Human Adult	ZZ1105
Bark Peru	Used as a childbirth aid, for malaria, syphilis, gonorrhea, fractures, infections urinary tract disorders, toothache, baldness, stomach ulcers, and diabetes.	Decoction / Oral	Human Adult	ZZ2005
Bark Mexico	Used for wounds and rashes. Used for gastrointestinal pain, diarrhea, dysentery, childbirth, asthma, and fever	Decoction / External Decoction/ Oral	Human Adult Human Adult	T09735 T09735
Bark Mexico	Used for uterine fibroid tumors.	Not stated	Human Adult	ZZ1074
Bark Mexico	Used for skin infections, syphilis, elephantiasis, leprosy, and diseases of the breast.	Decoction / Oral	Human Adult	ZZ1085
Bark + Fruit Mexico	Used to treat diarrhea, hemorrhage and uterine pain.	Decoction / Oral	Human Adult	K19153
Bark + Leaf Mexico	Used for constipation and kidney disorders.	Decoction / Oral	Human Adult	K16948
Fruit Haiti	Used for diarrhea.	Decoction / Oral	Human Adult	T13846
Fruit Mexico	Used to treat infectious diseases.	Infusion / Oral	Human Adult	J12454
Fruit Peru	Used for colds, flu, diarrhea, and renal problems.	Decoction / Oral	Human Adult	ZZ2013
Leaf Guatemala	Used as a febrifuge, sudorific and to treat kidney disease. Used for skin diseases, irritations, eruptions and inflammation, dermatitis, erysipelas, wounds, ulcers, bruises and sores.	Infusion / Oral Infusion / External	Human Adult Human Adult	T15295 T15445

Plant Part / Location	Documented Ethnic Use	Type Extract / Route	Used For	Ref #
Leaf Haiti	Used for flu and cough. Used for diabetes.	Decoction / Oral Decoction / Oral	Human Adult Human Adult	T13846 L03570
Leaf Jamaica	Leaves pounded with rum used as a poultice for cuts, scratches, and sore.	Poultice / External	Human Adult	ZZ1020
Leaf Peru	Used for liver disease, kidney disease and dysentery.	Decoction / Oral	Human Adult	T15323
Leaf Peru	Used for liver and kidney disorders and diabetes.	Decoction / Oral	Human Adult	ZZ2013
Leaf Mexico	Used for asthma.	Infusion / Oral	Human Adult	T09735
Entire Plant Mexico	Used medicinally for "magical" illnesses comprising a variety of physiological illnesses and symptoms. Use is most likely based on magic or superstition.	Infusion / Oral	Human Adult	T09735
Entire Plant Peru	Used for diabetes and hypertension	Decoction / Oral	Human Adult	ZZ2013
Root Mexico	Used for childbirth.	Decoction / Oral	Human (pregnant)	T09735
Root / Peru	Used for hemorroids and dysentery	Decoction / Oral	Human Adult	ZZ2013
Seeds / Peru	Shipibo-Conibo use for a gastrointestinal tonic and vermifuge and for skin parasites. Used for skin ulcers.	Infusion / Oral Poultice / External	Human Adult	ZZ2003
Stembark Mexico	Used for diarrhea.	Infusion / Oral	Human Adult	H18875 K23487
Shoots Jamaica	Young shoots are mucilaginous and are used as a remedy for coughs, colds, and sore throat.	Decoction / Oral	Human Adult	ZZ1020

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